



REFLECTIONS of an urban archaeologist

By JESSICA RICCI

JAMESTOWN — The car door of a 1964 Plymouth Valiant may only have relevance to three people in this world: a couple of teenagers who fell in love in it at a drive-in movie, and Jeff Soderberg who transformed that car door into one of his artistic mirror pieces.

Soderberg, 29, originally from Jamestown, has established himself as a Newport artist by finding these forgotten pieces of civilization and letting perspective buyers design the mirror they want for their homes or offices.

"I just picked up a set of French doors from the mid 1800s, all the panels are different sizes"

Soderberg said. "What I make depends on who looks at it."

Personalized art

According to Soderberg people need to use their imagination when they sift through his pile of church window frames, doorways, display cases, air conditioning vents, heating ducts or something from a schoolhouse, in order to visualize the final product.

"I show them a shape and then they pick out a shape for their



Jeff Soderberg's image is reflected from one of his artistic mirror pieces. The mirror at left is another of the artist's works that he makes from forgotten pieces of civilization.



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Let there be light

By JESSICA RICCI

Hibernation may not only be reserved for the bears.

Many people will argue that they too get ready to hibernate in the wintertime and find themselves craving a big bowl of pasta and an early bedtime.

If this description sounds familiar, there may be a clinical reason for it called Seasonal Affective Disorder, or SAD.

"SAD is a depression that is seasonal specific for the time of year when there is less light," psychologist Jon Brent, Ph.D. said.

But don't be afraid, like everything else there are degrees of the problem and several different ways to alleviate the effects.

"Many people get bummed out or have the blahs in the winter, but there's a spectrum and a point of clinical depression that is con-



sidered SAD," Brett said. "It's highly advertised and it's easy to say, 'I have SAD,' but there is a discriminating line.

It's a relief for people to know it's a general affliction in the winter."

According to Brett, the signs of Seasonal Affective Disorder are irritability, fatigue, social withdrawal, lack of alertness, weight gain and sleep prob-

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The kingdom of creation

Artist's vision of a kingdom will be exhibited at the Hoxie Gallery

By DANA DeSIGNORE

WESTERLY — SiSi Palmer has a knack for bringing the dead back to life.

For the past three years, that's just what she's been doing - gathering forgotten objects and breathing new life into them by incorporating them into her new exhibit, "Geography of a Queen's Kingdom," currently on display at the Hoxie Gallery in Westerly.

The exhibit is a multimedia work-in-progress of a magical, mythical kingdom that Palmer has unearthed and added to over the years.

"I love discovering this kingdom," Palmer said. "All the pieces I find work together in a nice way. It all makes sense."

The multimedia exhibit includes photographs, video, sculpture, scrolls and journals, and has taken Palmer to Venice, Italy, Texas, and Westerly in search of more pieces and clues.

The 27-year-old Stonington, Conn. artist spent last Friday describing her work from inside the Hoxie Gallery. Her dark hair and eyes - coupled with her layered, black-upon-black wardrobe and intense yet humorous demeanor - juxtaposed beautifully with her work.

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This scroll by SiSi Palmer will be on display in her exhibit, "Geography of a Queen's Kingdom," at the Hoxie Gallery in the Westerly Public Library, through Jan. 29.

Best Bets



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Dance

English Country Dance:
Jan. 17, 7:30-10:30 p.m.
Tickets: \$6. Stonington
Grange, Route 234,
Stonington, Conn. 860-535-
3623.

Comedy

Ocean State Follies: Fri.,
Jan. 16, 8:30 p.m. Tickets:
\$10. Chan's, 267 Main St.,
Woonsocket. 765-1900.

Bridal show

"A Celebration of Love":
Sun., Jan. 18, noon to 6 p.m.
Tickets: \$6. Alpine Country
Club, 251 Pippin Orchard
Road, Cranston. 942-9800.

Band

American Band Annual
Children's Concert: Sun.
Jan. 18, 3 p.m. Tickets: \$5.
Rhode Island College,
Providence. 456-8194.

Concert

Manhattan Transfer: Sun.,
Jan. 18, 7 p.m. Tickets: \$35
and \$45. Foxwoods Resort
and Casino, Ledyard, Conn.
800-200-2882.